

KESTINE (Ebastine)

Film Coated Tablets & Liquid

COMPOSITION

Kestine 10 mg tablets: Each film coated tablet contains Ebastine B.P. 10 mg.

Kestine 20 mg tablets: Each film coated tablet contains Ebastine B.P. 20 mg.

Kestine Liquid: Each 5 ml contains Ebastine B.P. 5 mg.

PROPERTIES

Ebastine, the active ingredient of **Kestine**, produces a strong and prolonged selective blocking of the peripheral H₁ receptors for histamine. The duration of its action allows **Kestine** to be administered once daily. The drug is free from any anticholinergic activity. Since it has no access to central H₁ receptors for histamine, it does not show sedative effects. It does not potentiate the effects of alcohol.

INDICATIONS

Symptomatic treatment of allergic conditions, such as: allergic rhinitis or conjunctivitis, both seasonal and perennial (nasal discharge, nasal itching, eye itching, weeping, sneezing, etc.), chronic urticaria, allergic dermatitis.

DOSAGE

Adults and children older than 12 years:

1 tablet (10 mg) or 2 (5 ml) teaspoonfuls of liquid (equivalent to 10 mg) once daily. In severe symptoms 1 tablet (20 mg) or 4 (5 ml) teaspoonfuls of liquid (equivalent to 20 mg) once daily.

Children from 6 to 11 years old:

One 5 ml dose (equivalent to 5 mg) once daily.

Children from 2 to 5 years old:

One 2.5 ml dose (equivalent to 2.5 mg) once daily.

There is no need for dose adjustment in patients with mild to moderate liver function disorders.

CONTRAINDICATIONS

Known hypersensitivity to the active ingredient.

PRECAUTIONS

Since ebastine reaches its therapeutic effect 1 to 3 hours after administration, it must not be used in urgent acute allergic cases.

INTERACTIONS

Ebastine can interfere with the results of dermal allergic tests and therefore, it is recommended not to perform these tests until 5 - 7 days after treatment discontinuation. It could strengthen the effects of other anti-histaminic agents.

INCOMPATIBILITIES

Up to date, none have been described.

WARNINGS

Pregnancy and lactation

Studies in rats and rabbits do not indicate any direct or indirect harmful effects with respect to the development of the embryo or foetus, or the course of gestation and pre- and post-natal development. No teratogenic effects have been identified in animals. However, there are no well controlled studies in pregnant women and reproductive studies in animals are not always predictive of human response. Therefore, ebastine should be used during pregnancy only if clearly needed. It is not known, whether ebastine is excreted in human milk, therefore, ebastine should not be used during lactation.

USE IN CHILDREN

This drug must not be administered to children under 2 years old, since safety has not been established in this age group.

EFFECTS ON ABILITY TO DRIVE AND USE MACHINES

In man, psychomotor function has been investigated extensively and no effect was found at recommended therapeutic dose. A study focused on car driving ability indicated that ebastine did not induce any driving impairment even at 30 mg. Based on these results, ebastine at recommended therapeutic doses does not effect the ability to drive and operate machine.

INSTRUCTIONS FOR USE AND HANDLING.

- **Kestine** tablets are scored in order to allow breakability and flexibility in dose administration
- **Kestine** liquid preparation can be administered directly or mixed with water. Graduated dosing spoon ensures exact dose administration.



OVERDOSE

Single doses of 50 to 90 mg (5 to 9 times the recommended therapeutic dose) have been well tolerated and do not affect vital constants. Up to date, no case has been reported on ebastine intoxication. If there is any sign of intoxication, proceed to gastric washing and administration of the appropriate symptomatic maintenance treatment.

UNDESIRABLE EFFECTS

Rare: Headache, asthenia, nervous excitement, gastric intolerance, diarrhea and constipation. If you notice any side effects not mentioned in this leaflet, please inform your doctor.

SHELF LIFE

Do not use this drug after the expiry date given on the package.

STORAGE

Store below 25°C in a dry place. Protect from light.

PRODUCT SPECIFICATION

Airmiral specs.

PRESENTATION

1. **Kestine** 10 mg film coated tablets: Blister pack of 1 X 10 tablets.
2. **Kestine** 20 mg film coated tablets: Blister pack of 1 X 10 tablets.
3. **Kestine** Liquid: Glass bottle of 30 ml with graduated spoon.

TO BE SOLD ON THE PRESCRIPTION OF A REGISTERED MEDICAL PRACTITIONER ONLY. KEEP ALL MEDICINES OUT OF THE REACH OF CHILDREN.

کیسٹین (ایبستین)

فلم کوئڈ گولیاں اور لیکویڈ
خوراک

- ڈاکٹر کی ہدایات کے مطابق استعمال کریں۔
- صرف مستند ڈاکٹر کے نسخے کے مطابق ہی دوا فروخت کی جائے۔
- تمام ادویات بچوں کی پہنچ سے دور رکھیں۔
- دوا کو 25°C سے کم درجہ حرارت پر، نمی اور روشنی سے محفوظ رکھیں۔

KESTINE (Ebastine)

Film Coated Tablets & Liquid
Allergy Relief Medicine

Doctor's advice should always be followed.

What is Kestine?

Kestine is a new generation, non-sedating allergy relief medicine from Laboratorios Almirall. S. A., a world leader in Allergy therapies. **Kestine** effectively controls the common allergy symptoms without causing drowsiness and sedation, thus allowing you to carry on normal activities.

What important benefits does Kestine offer?

Kestine in a single daily dose effectively controls the common allergy symptoms like runny & stuffy nose, nasal congestion, sneezing, itching nose, eyes & skin and other day to day allergic disorders without effecting quality of life.

Kestine's rapid onset and long duration of action controls allergy symptoms round the clock.

Kestine can be taken in the morning when it is most needed.

Kestine is manufactured at Highnoon's state of the art factory in Pakistan under license from Laboratorios Almirall. S.A

کیسٹین سے کیا خاص فوائد حاصل ہوتے ہیں؟

کیسٹین روزانہ استعمال کرنے سے عام الرجی کی شکایات مثلاً بہتی ہوئی اور پھری ہوئی ناک، بند ناک، چھینکوں کا آنا، ناک، آنکھوں اور جلد کی خراش میں معمولات زندگی کو متاثر کیے بغیر فائدہ پہنچاتی ہے۔

کیسٹین کافوری اور دیرپا اثر الرجی کی شکایات دور کرنے میں تمام دن قائم رہتا ہے۔

کیسٹین کا صبح کے وقت استعمال کرنا بھی مناسب رہتا ہے۔

کیسٹین پاکستان میں لیبارٹریز الرمال کے بین الاقوامی معیار کے مطابق تیار کی جاتی ہے۔

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کیسٹین

(ایباسٹین) فلم کوٹڈ گولیاں اور لیکویڈ

الرجی دور کرنے والی دوا

ڈاکٹر کی ہدایات کے مطابق استعمال کرنی چاہیے

کیسٹین کیا ہے؟

المرال کی جانب سے **کیسٹین** غنودگی سے مبتلا، الرجی دور کرنے والی دوا ہے۔

المرال بین الاقوامی طور پر الرجی کی دواؤں کی ایجاد میں سب سے آگے ہے

کیسٹین موثر طریقہ سے عام الرجی کی شکایات میں غنودگی کے بغیر فائدہ کرتی ہے۔ اسی وجہ سے آپ اپنی روزمرہ کی عام سرگرمیاں جاری رکھ سکتے ہیں۔



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Laboratorios Almirall S.A.
Barcelona, Spain.



Manufactured by:
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www.highnoon-labs.com



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